

Rialto Unified School District

Mar 3, 2025 thru Mar 7, 2025

Base Menu Spreadsheet

HS BIC BREAKFAST

Portion Values - Detailed

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Generated on: 3/5/2025 10:18:24 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 03/03/2025																
HS BIC BREAKFAST	Total	4925														
Mini Donuts,Wh Gr Chocolate	1 each	4925	300	0	290	3.00	1.08	20.0	100	0.0	20	5.0	39.0	13.0	8.00	0.00
Juice, Wildberry, 4oz, 2024	Each(4oz)	4925	60	0	15	0.00	0.00	200.0	2000	30.0	15	0.0	15.0	0.0	0.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	2462	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	662	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4263	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			535	6	507	4.50	1.08	440.2	3093	30.00	65	13.13	87.19	13.34	8.20	0.00
% of Calories											48.8%	9.8%	65.2%	22.4%	13.8%	0.0%
Nutrient Guideline			450-600		640										<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 03/04/2025																
HS BIC BREAKFAST	Total	3988														
Sn̄wch,Saus, Egg and Chz 2021	1 EACH	3988	331	120	792	2.01	1.81	150.5	110	0.0	6	17.05	30.09	17.05	8.03	0.00
Juice, apple 4oz. DW-2024	serv.(1/2 cup)	1994	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	1994	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	356	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3632	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			521	126	1013	2.21	1.87	367.1	1089	30.92	43	25.29	68.50	17.36	8.19	0.00
% of Calories											33.2%	19.4%	52.5%	30.0%	14.1%	0.0%
Nutrient Guideline			450-600		640										<10.00	

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Rialto Unified School District

Mar 3, 2025 thru Mar 7, 2025

Base Menu Spreadsheet

HS BIC BREAKFAST

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 03/05/2025																
HS BIC BREAKFAST	Total	5750														
Cinnamon Swirls, WG 2024	Serving	5750	300	10	125	3.00	0.36	499.7	0	0.0	22	6.0	47.97	8.99	2.50	0.00
Orange juice, DW, 4oz.2024	EACH(4 oz	5750	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
Craisins, Watermelon	serv. (1.1	2875	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
	6 oz)															
MILK,1% DW 2024	EACH(1/2	750	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
	pint)															
MILK,NF Chocolate DW 2024	EACH (1/	5000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
	2 pint)															
Weighted Daily Average			530	16	341	4.50	0.36	729.3	1095	30.00	66	15.13	95.19	9.32	2.69	0.00
% of Calories											50.1%	11.4%	71.9%	15.8%	4.6%	0.0%
Nutrient Guideline			450-600		640											<10.00

Thu - 03/06/2025																
HS BIC BREAKFAST	Total	5825														
BANA CHOC-CHUNKY MONKE	1 EACH	5825	280	15	220	3.00	1.80	20.0	115	0.0	23	5.0	48.0	8.0	3.00	0.00
Y 2013																
Juice, Wildberry, 4oz, 2024	Each(4oz)	5825	60	0	15	0.00	0.00	200.0	2000	30.0	15	0.0	15.0	0.0	0.00	0.00
TANGERINES,FRESH	Serving	722	89	0	3	3.02	0.25	62.2	1144	44.86	18	1.36	22.41	0.52	0.07	0.00
MILK,1% DW 2024	EACH(1/2	675	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
	pint)															
MILK,NF Chocolate DW 2024	EACH (1/	5150	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
	2 pint)															
Weighted Daily Average			471	21	438	3.37	1.83	445.1	3199	35.56	59	13.28	85.08	8.35	3.18	0.00
% of Calories											49.8%	11.3%	72.3%	16.0%	6.1%	0.0%
Nutrient Guideline			450-600		640											<10.00

Fri - 03/07/2025																
HS BIC BREAKFAST	Total	5750														
Concha, WG PINK-24	1 EACH	5750	200	5	90	2.00	1.80	40.0	40	0.0	8	5.0	34.0	6.0	1.50	0.00
Orange juice, DW, 4oz.2024	EACH(4 oz	5750	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
APPLES,Fresh sliced	pkg. (2oz)	2875	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2	750	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
	pint)															
MILK,NF Chocolate DW 2024	EACH (1/	5000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
	2 pint)															

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Rialto Unified School District

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Base Menu Spreadsheet

HS BIC BREAKFAST

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			392	11	306	3.00	1.89	274.6	1100	91.80	43	14.13	71.22	6.33	1.70	0.00
% of Calories											44.2%	14.4%	72.7%	14.5%	3.9%	0.0%
Nutrient Guideline			450-600		640										<10.00	

Weighted Average			490	36	521	3.52	1.41	451.2	1915	43.66	55	16.19	81.44	10.94	4.79	0.00
											101.8%	13.2%	66.5%	20.1%	8.8%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	490		450 - 600	100%				
Cholesterol (mg)	36							
Sodium 1 (mg)	521		640	81%				
Fiber (g)	3.52							
Iron (mg)	1.41							
Calcium (mg)	451.2							
Vitamin A (IU)	1915							
Sugars (g)	55	45.23%						
Vitamin C (mg)	43.66							
Protein (g)	16.19	13.22%						
Carbohydrate (g)	81.44	66.50%						
Total Fat (g)	10.94	20.10%						
Saturated Fat (g)	4.79	8.80%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

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Rialto Unified School District

Mar 10, 2025 thru Mar 14, 2025

Base Menu Spreadsheet

HS BIC BREAKFAST

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 03/10/2025																
HS BIC BREAKFAST	Total	5750														
Cluster Brk, Whole Grain '22	1 EACH	5750	260	0	190	3.00	2.70	80.0	70	0.0	14	5.0	38.0	10.0	2.50	0.00
Orange juice, DW, 4oz.2024	EACH(4 oz)	5750	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
BANANAS	1 EACH	2875	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% DW 2024	EACH(1/2 pint)	750	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	5000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			480	6	407	4.31	2.83	312.1	1137	34.39	53	14.68	82.75	10.49	2.75	0.00
% of Calories											43.8%	12.2%	69.0%	19.7%	5.2%	0.0%
Nutrient Guideline			450-600		640										<10.00	

Tue - 03/11/2025																
HS BIC BREAKFAST	Total	5788														
Cinnis, Mini	pkg(2G)	5788	240	0	270	2.00	1.44	40.0	75	0.0	15	5.0	39.0	7.0	1.50	0.00
Orange juice, DW, 4oz.2024	1 EACH	5788	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	1625	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	622	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	5163	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			424	6	487	2.56	1.49	268.8	1135	64.70	49	14.10	74.59	7.27	1.66	0.00
% of Calories											46.3%	13.3%	70.3%	15.4%	3.5%	0.0%
Nutrient Guideline			450-600		640										<10.00	

Wed - 03/12/2025																
HS BIC BREAKFAST	Total	5750														
Waffles, Vanilla	pkg	5750	271	17	226	2.26	0.00	9.0	68	0.0	14	5.65	37.27	10.17	2.82	0.00
Juice, Wildberry, 4oz, 2024	1 EACH	5750	60	0	15	0.00	0.00	200.0	2000	30.0	15	0.0	15.0	0.0	0.00	0.00
BANANAS	1 EACH	2875	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% DW 2024	EACH(1/2 pint)	750	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	5000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00

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Rialto Unified School District

Mar 10, 2025 thru Mar 14, 2025

Base Menu Spreadsheet

HS BIC BREAKFAST

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			496	23	444	3.57	0.13	431.1	3035	34.39	53 42.8%	14.33 11.6%	83.02 67.0%	10.66 19.3%	3.08 5.6%	0.00 0.0%
Nutrient Guideline			450-600		640											<10.00

Thu - 03/13/2025																
HS BIC BREAKFAST	Total	4155														
FRENCH TST Mini Cinna '23	SERV	4155	220	115	330	3.00	1.80	80.0	193	3.6	8	9.0	30.0	8.0	1.50	0.00
Juice, apple 4oz. DW-2024	Each(4oz)	4155	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
TANGERINES,FRESH	Serving	2077	89	0	3	3.02	0.25	62.2	1144	44.86	18	1.36	22.41	0.52	0.07	0.00
MILK,1% DW 2024	EACH(1/2 pint)	412	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3743	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			440	121	551	4.51	1.93	325.9	1715	56.02	50 45.9%	17.78 16.2%	75.61 68.8%	8.51 17.4%	1.68 3.4%	0.00 0.0%
Nutrient Guideline			450-600		640											<10.00

Fri - 03/14/2025																
HS BIC BREAKFAST	Total	5788														
BREAD,CHAMELEON,peach, 2017	1 EACH	5788	251	50	226	2.38	1.35	27.1	203	0.97	*31	4.18	47.74	5.45	0.70	*0.00
Orange Juice, DW, 4oz.2024	EACH(4 oz)	5788	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	1625	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	622	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	5163	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			437	56	444	2.92	1.35	253.1	1259	30.97	*65 *59.4%	13.28 12.2%	83.79 76.7%	5.72 11.8%	0.86 1.8%	*0.00 *0.0%
Nutrient Guideline			450-600		640											<10.00

Weighted Average			455	43	466	3.58	1.54	318.2	1656	44.10	*54 *106.7	14.83 13.0%	79.95 70.2%	8.53 16.9%	2.01 4.0%	*0.00 *0.0%
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Rialto Unified School District

Mar 10, 2025 thru Mar 14, 2025

Base Menu Spreadsheet

HS BIC BREAKFAST

Portion Values - Detailed

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target		% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)								
Calories	455		450 - 600		100%												
Cholesterol (mg)	43																
Sodium (mg)	466		640		73%												
Fiber (g)	3.58																
Iron (mg)	1.54																
Calcium (mg)	318.2																
Vitamin A (IU)	1656																
Sugars (g)	54	47.44%				Missing											
Vitamin C (mg)	44.10																
Protein (g)	14.83	13.03%															
Carbohydrate (g)	79.95	70.23%															
Total Fat (g)	8.53	16.86%															
Saturated Fat (g)	2.01	3.97%															
Trans Fat ¹ (g)	0.00	0.00%				Missing											

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Rialto Unified School District

Mar 17, 2025 thru Mar 19, 2025

Base Menu Spreadsheet

HS BIC BREAKFAST

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 03/17/2025																
HS BIC BREAKFAST	Total	4925														
CEREAL,LUCKY CHARMS '23	BOWL	4925	218	0	358	3.36	3.02	84.0	420	5.04	18	4.48	46.48	2.24	0.00	0.00
Juice, Wildberry, 4oz, 2024	Each(4oz)	4925	60	0	15	0.00	0.00	200.0	2000	30.0	15	0.0	15.0	0.0	0.00	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	2462	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	662	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4263	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			414	6	576	3.57	3.09	507.4	3376	35.96	56 53.7%	12.76 12.3%	84.62 81.8%	2.66 5.8%	0.23 0.5%	0.00 0.0%
Nutrient Guideline			450-600		640											<10.00

Tue - 03/18/2025																
HS BIC BREAKFAST	Total	4925														
Uncrustable, Grape Wh,Che-2016	1 each	4925	300	0	280	4.00	0.18	260.0	0	0.0	14	9.0	32.0	17.0	3.00	0.00
Juice, Wildberry, 4oz, 2024	Each(4oz)	4925	60	0	15	0.00	0.00	200.0	2000	30.0	15	0.0	15.0	0.0	0.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	2462	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	662	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4263	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			535	6	497	5.50	0.18	680.2	2993	30.00	59 44.4%	17.13 12.8%	80.19 60.0%	17.34 29.2%	3.20 5.4%	0.00 0.0%
Nutrient Guideline			450-600		640											<10.00

Wed - 03/19/2025																
HS BIC BREAKFAST	Total	5750														
Cinnamon Swirls, WG 2024	Serving	5750	300	10	125	3.00	0.36	499.7	0	0.0	22	6.0	47.97	8.99	2.50	0.00
Orange juice, DW, 4oz.2024	EACH(4 oz)	5750	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
APPLES,Fresh sliced	pkg. (2oz)	2875	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	750	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	5000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00

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Rialto Unified School District

Mar 17, 2025 thru Mar 19, 2025

Base Menu Spreadsheet

HS BIC BREAKFAST

Portion Values - Detailed

Page 2

Generated on: 3/5/2025 10:18:56 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			492	16	341	4.00	0.45	734.3	1060	91.80	57	15.13	85.19	9.32	2.69	0.00
% of Calories											46.6%	12.3%	69.3%	17.1%	4.9%	0.0%
Nutrient Guideline			450-600		640											<10.00

Weighted Average			480	10	471	4.35	1.24	640.6	2476	52.59	57	15.01	83.33	9.77	2.04	0.00
											107.6%	12.5%	69.4%	18.3%	3.8%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	480		450 - 600	100%				
Cholesterol (mg)	10							
Sodium 1 (mg)	471		640	74%				
Fiber (g)	4.35							
Iron (mg)	1.24							
Calcium (mg)	640.6							
Vitamin A (IU)	2476							
Sugars (g)	57	47.82%						
Vitamin C (mg)	52.59							
Protein (g)	15.01	12.50%						
Carbohydrate (g)	83.33	69.41%						
Total Fat (g)	9.77	18.31%						
Saturated Fat (g)	2.04	3.82%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

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Rialto Unified School District

Mar 31, 2025 thru Mar 31, 2025

Base Menu Spreadsheet

HS BIC BREAKFAST

Portion Values - Detailed

Page 1

Generated on: 3/5/2025 10:19:11 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 03/31/2025																
HS BIC BREAKFAST	Total	5231														
Concha, WG PINK-'24	Each(2G)	6155	200	5	90	2.00	1.80	40.0	40	0.0	8	5.0	34.0	6.0	1.50	0.00
Orange juice, DW, 4oz.2024	EACH(4 oz	6155	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
BANANAS	1 EACH	1622	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% DW 2024	EACH(1/2 pint)	575	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	5580	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			469	13	363	3.17	2.20	312.2	1306	38.02	52	16.92	86.50	7.44	1.97	0.00
% of Calories											43.9%	14.4%	73.8%	14.3%	3.8%	0.0%
Nutrient Guideline			450-600		640										<10.00	

Weighted Average			469	13	363	3.17	2.20	312.2	1306	38.02	52	16.92	86.50	7.44	1.97	0.00
											98.8%	14.4%	73.8%	14.3%	3.8%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target*	Miss Data	Shortfall*	Overage*	Error Messages (if any)*
Calories	469		450 - 600					
Cholesterol (mg)	13							
Sodium 1 (mg)	363		640					
Fiber (g)	3.17							
Iron (mg)	2.20							
Calcium (mg)	312.2							
Vitamin A (IU)	1306							
Sugars (g)	52	43.93%						
Vitamin C (mg)	38.02							
Protein (g)	16.92	14.43%						
Carbohydrate (g)	86.50	73.76%						
Total Fat (g)	7.44	14.27%						
Saturated Fat (g)	1.97	3.77%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

*Data comparisons are not available for one or two day selections

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Rialto Unified School District

Mar 3, 2025 thru Mar 7, 2025

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 1

Generated on: 3/5/2025 10:19:36 AM

Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
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Rialto Unified School District

Mar 3, 2025 thru Mar 7, 2025

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 2

Generated on: 3/5/2025 10:19:36 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 03/03/2025																
High School Lunch	Total	3199														
QUESADILLA,Spicy, Chicken 2020	1 EACH	500	311	45	546	3.00	1.67	325.1	334	2.13	*1	16.97	29.7	13.55	6.33	*0.00
Chicken, Teriyaki and Rice '24	BOX(2M MA/2G)	500	349	83	739	3.47	2.14	16.7	4785	2.91	*8	24.13	49.99	6.14	1.27	0.00
Chicken,Orange Sec-'24	BOX(2M MA/2G)	500	364	41	654	3.47	2.02	26.7	4750	2.91	*12	17.63	62.99	5.05	0.10	0.00
PIZZA,DOMINOS14"WGPep,slic e'24	serving	500	260	15	520	4.00	1.80	300.0	500	6.0	3	16.0	34.0	7.0	3.00	0.00
Spicy Chicken Sandwich WG-2013	Sand(2M MA/3G)	522	380	20	620	5.00	3.80	110.0	15	0.0	4	20.0	44.0	15.0	2.50	0.00
BURRITO,BEEF BEAN & CHSE-2017	Burritos	500	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	522	487	12	254	4.32	2.00	456.6	455	48.69	*15	14.55	87.9	8.18	1.98	*0.00
PROTEIN BOX HIGH SCHOOL SLUSH, KIWI STRAWBERRY '23	1 EACH container s, 4oz	422	635	200	762	10.34	5.56	130.1	6926	24.13	*8	17.35	60.93	41.47	8.05	*0.12
	500	500	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
ELOTTESTREET CORN IN A CU P 2018	Serving	100	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	Serv (1/2 Cup)	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	4	0	194	0.10	0.09	1.7	0	0.0	0	0.44	0.45	0.0	0.00	0.00

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Rialto Unified School District

Mar 3, 2025 thru Mar 7, 2025

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 3

Generated on: 3/5/2025 10:19:36 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 03/03/2025																
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			742	78	1077	1764.0	3.99	540.4	7201	28.32	*38 *20.4%	33.42 18.0%	109.11 58.8%	19.78 24.0%	5.59 6.8%	*0.05 *0.1%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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